CURRICULUM VITAE

LINNE ANNA MELINKAT

YOGA AND BODY MIND SOUL MOVEMENT
FACILITATOR, TEACHER & THERAPIST

PROFESSIONAL TRAINING

- 200h **Yoga Teacher Training** (Yoga Alliance Certified), Pranam Joseph Yoga, Varkala, Kerala, India
- **Family Constellations Therapy** with Carlos Bernués, Escuela Canária de Gestalt, Las Palmas (Spain) 2022-2024
- **Certified Infant Massage Instructor**, IAIM, Buenos Aires (Argentina) 2012
- **Therapist of the MBU System** (Bioenergetic Medicine Uruguay), Montevideo (Uruguay) 2011-2014
- **Therapist and Facilitator in Psychocorporeal and Transpersonal Techniques for Human Development, Río Abierto System: (Dance, Expression, Movement, Yoga, Meditation, Therapy, Massage)** , Montevideo (Uruguay) 2011-2014
- **Certified Shiatsu Therapist**, European Shiatsu Institute, Rome (Italy) | Munich (Germany) 2007-2010. Accredited by FISIEO association.
- **Ongoing international professional development since 2010 in the various therapeutic areas with workshops, conferences, courses and intensive immersions.**
- Degree in Italian Language and Literature and Art History, University Hamburg (Germany) 2005
- High School Diploma Escola Secundária de Loulé (Portugal) 1999

LANGUAGES

- German – Native language
- English – fluent
- Italian – fluent
- Portuguese –native
- Spanish – fluent
- French – basic

PROFESSIONAL EXPERIENCE

PSYCHOCORPORAL THERAPIST, TEACHER & FACILITATOR

Independent professional activity (since 2019 in Portugal)

GROUP SESSIONS

Regular Workshops & weekly classes, Retreats and Festivals

- **Vital Movement, Yoga and Self-Expression**
- **Ki Flow Yoga (Meridian Yoga and TCM)**
- **Hatha Yoga**
- **Yoga Nidra**
- **Pranayama and Mantra Chanting**
- **Meditation**
- **Family Constellations**

1:1 SESSIONS

- **Shiatsu |Quantum Shiatsu Sessions**
- **Intuitive, Energetic and Relaxing Massage with finest Oils**
- **Psychocorporeal Therapy (Río Abierto System)**
- **Family Constellations**
- **Therapeutic Counselling with MBU Flower Essences**
- **Yoga and Meditation**